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January 2017 Newsletter Program: Collage Techniques presented by Grace Collins Monday, January 16, 2017, 6:30 pm OFFCenter Community Arts 808 Park Avenue SW

Grace Collins is facilitating the January meeting; bring your ideas for venues for the coming year. We will do collage; she will bring books, glue sticks and firm backing for collaging.

You need to bring foam board, torn pieces of artwork, found papers, fabrics, photos, and magazines. Gerald Brommer's "Collage Techniques" will



inspire us to use any (or all) of these objects in collage.

ARTdates

Monday, Feb. 20: David Saiz, a local artist, will do a demo at the February Rainbow Artists meeting on how to approach the figure in a contemporary context and how to create meaning beyond mere representation. There will be hands-on as well.

June 2017: Rainbow show at O'Niell's Pub in Nob Hill with installation at 9:00 am on June 4. Reception will be from 5 to 7 on June 12th. Suggested theme is Route 66, Then and Now. Contact Ginger Quinn at gquinn411@gmail.com.

ARTportunities

Mindful Meditation and Writing Retreats:

Mitra Bishop Roshi and Caroline LeBlanc will be offering these day long retreats through January, 2017. Contact Caroline for details: <u>wildenessheart@msn.com</u>

New Mexico Art League: (https://newmexicoartleague.wildapricot.org)

The Ordinary: The Still Life

A wide array of artist's interpretations of the classic genre of painting, the still life, by artists living and working in New Mexico Entry Deadline: January 21, 2017

Black & White

One of our most popular exhibitions featuring works by artists living and working in New Mexico in the mediums of black & white photographs and black & white drawings Entry deadline: March 4, 2017

Art of the Flower

Always an astounding view of the beloved subject of the flower by artists living and working in NM. Entry deadline: April 22, 2017

Art Gallery Studio 606 February 2017 Show From Ant to Elephant

Deadline January 28, 2017, 10am—6pm An exhibition of two dimensional artworks expressing an association with animals in any form. Artists may submit up to three framed art works for exhibition on the gallery walls and a maximum of twelve (12) pieces in protective clear bags for display racks.

There is an entry fee and 30% gallery commission. Artist's reception on Saturday, February 4, 5:30–8:30 pm.

Questions? Email percy_yu@yahoo.com (505) 453-0263 or 453-0423



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Apronistas Holiday Cookies

The energetic Apronistas (most of them Rainbows) made cookies for the holidays. Pat Young took many of the cookies and donated them in person to a local shelter. Enjoy some pictures of the group and their art.





An Artist's New Year Resolution

I don't know about you, but I've learned some painful lessons this past year. These are the lessons of faith, grace, and joy.

Faith: Like many artists, I often suffer from anxiety. There never seems to be enough time, money, or support. But when a friend pointed out that the opposite of anxiety is faith, it felt as if my whole world shifted.

Have faith in the creative spark, that part of you that calls itself ARTIST. After all, that's really the best and most authentic part of you. Isn't it?

Grace: In so many ways 2016 kicked my butt. I learned that when I lose battles, I can choose to release the sting of defeats. I can shift my focus on what has meaning for me, on what those setbacks taught me, what I've learned. That's grace.

When I release expectations and obligations and even guilt, there's a wonderful feeling of freedom as I return to my Self. That's grace.

Grace also speaks of creativity and the gifts that artists are given, that we are graced with.

Joy: Joy is the sum of walking in faith – knowing who you are – and grace – being who you are. And when you add gratitude to the equation, you can't help but feel joy.

Joy comes from being more of yourself. Being able to experience your own true nature more deeply. Making authentic connections on every level. That's why making art brings us such joy. When we engage with making meaningful work, we're connecting with the truest and deepest part of our spirit. Can you think of anything more joyful than that?

For 2017, I urge you to throw off the shackles of anxiety and choose faith. And as you walk in faith toward deeper authenticity, you will walk with grace. This will bring you joy.

So for the next year – for the next day – for the next hour – I wish you joy, joy, and more JOY!

From Crista Cloutier at theworkingartist.com



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ARTvictories

Sondra Diepen: Bernalillo County bought four of her photographs that will be on display on the 10th floor of the county building. There is a reception January 12th from 5-6:30. (Invitation on the back of newsletter.) She also has a photograph in Abiquiu at Bode's. of a new bird species that will be a permanent resident to the area.

Judith Kidd sold a piece at the St Marks show Through the Eyes of a Child. It was entitled Flying Away, a collage helicopter on acrylic base suggested by the child's art piece. She hopes it went to the child who inspired it.

Grace Collins has a show at St. Michael's Church to benefit the food pantry, with frames donated by the food pantry volunteers.

Janine Wilson has two paintings in the National League of American Pen Women (NLAPW) exhibition at the Unitarian Church Jan.8-Feb.18. The reception is Sunday, January 15 from 7-9 pm. Founded in 1897 by three professional women journalists, NLAPW now has many branches across the county. A few of the past well known members were Pearl Buck, Georgia O'Keefe, Grandma Moses, Vinnie Ream, Eleanor Roosevelt, and Eudora Welty.

Eleanor Trabaudo is in *Tucumcari Iron Pour: Hot Iron* at Harwood Art Center through Jan. 26. The Iron Pour in Tucumcari has been drawing artists from across the US since 1999. The preparation is exacting, the atmosphere exciting, and the final firing, melting, and pouring of liquid iron is intense, demanding and dramatic. Hot Iron introduces Albuquerque to a broad sample of the art that is produced each year in this amazing New Mexico setting.

Joan Fenicle will have photography on display at the Andaluz Hotel Jan-Mar as part of the Albuquerque Art Business' exhibition there.

Promote Your Art—It's FREE

Is your Personal ART Page in the "MEET OUR MEMBERS" section of the website?

Take advantage of this great opportunity, by being a Rainbow member, for exposure and promotion on the Rainbow Artist website in the "Meet Our Members" section. Send your bio and/or artist statement and a few photos of your art to Janine Wilson at janineabq@gmail.com and she will "build" your personal art page. She also welcomes periodic changes to your page.

Contacts

Treasurer: Winona Fetherolf (winonaf@hotmail.com) Newsletter editor: Joan Fenicle (joanf41@gmail.com)

Historian: Janine Wilson (janineabq@gmail.com) Publicity: Leslie Kryder (leslieunm@gmail.com) Facilitators:

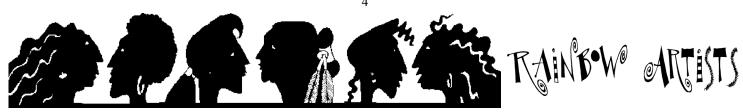
> January-March—Leslie Kryder April-June—Susie Sirl (critique in June)

Membership Renewal

January 1 was the annual renewal date for Rainbow Artists' memberships. Membership is \$25 and goes to support our programs, exhibits and newsletters.

Please complete a renewal form (on the website) to ensure all your contact information is correct and then mail the form with your \$25 check payable to Rainbow Artists to:

Winona Fetherolf 13500 Skyline Road NE, Apt G3 Albuquerque, NM 87123



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(Newsletter also on line) Newsletter deadline is the 1st of each month.



Ginger Quinn's 'Holiday Hottie'