



RAINBOW ARTISTS

WWW.RAINBOWARTISTS.COM

WOMEN MAKING ART SINCE 1990

December 2020 Newsletter

Rainbow Artists No December meeting, Zoom or in person

While we long to meet in person, we must be patient and stay safe.

Let's keep in touch and let's keep creating. Please send us what you are creating so Janine can post it on our Facebook site and it make it into the newsletter (emails below).

You can also text a photo to Janine at 505-200-1638.

ARTportunities

[New Mexico Art League](#) will be offering juried exhibitions online for now in order to give artists an opportunity to continue to exhibit their work. Next call for artists is:

[In the Wake](#)

March 9—April 10

Deadline for entries: January 30, 2121

Looking back one year at the vast changes in our lives caused by the VOVID-19 virus, in word and image and all two dimensional media.

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2021 Dues are due NOW:

Members voted to make **2021 dues \$12** though people are welcome to give more. Make check to Rainbow Artists, and mail to Janine Wilson, 12812 Bryce Court NE, Albuquerque, NM 87112

Getting in the Groove

Lately I've been thinking about art-making as a regular personal practice. A friend who likes to paint and thought she would be doing a lot of it after retirement has found that she has taken on so many other things she isn't doing any painting. Maybe you find yourself in the same place from time to time. I go through spurts of art-making, followed by periods where it seems everything else conspires to keep me away. And then when I do finally enter my studio space intending to get started, I'm totally uninspired.

But somehow, especially over the past 5 years, I've been able to get going on a semi-regular basis. So, what does it take to get going and keep going? I've heard that some people block in time on their calendar, a personal art date, as it were. I've tried that with limited success.

For me, one of the secrets is to practice rituals around art-making. So, whenever I get ready to work, I enter the studio and don my art smock, which is just an old shirt I use to catch the paint that sometimes lands in unexpected places. Often, I'll then go and get my palette out of the freezer, and while I'm in the kitchen, I make a cup of tea. I take the tea into the studio with me, and, while I often forget to drink it, it seems to be part of preparing my mind. I've also found that on a first day back in the studio I may not be motivated or have any ideas how to get started. So, I spend a little time organizing my desk, paints, brushes, etc.

A couple weeks ago, after an extended period of not painting, I found myself headed out to the garage to set up shelves to hold my completed canvases. Even though that wasn't art-making, it was a first step toward getting back into the groove. Other days when I'm not inspired, I take one of my art books off the shelf, go into the living room, and just look at great art for a while. Maybe I don't do any painting or drawing that first day, and that's OK. Because the next day when I go into the studio with my cup of tea and don my smock, somehow the beginnings of an idea forms and I can get started. Another technique is to type an artist's name into Google and look at the images that come up. Anything to inspire myself.

Maybe you have some secrets to your own success with this. I'd love to hear about them. (See an image from a current project on page 2.)

Leslie Kryder, December 2020



ARTspiration

As we shelter in place, artists often retreat into their studios and kitchens where they find peace and inspiration. What have some Rainbows been doing?

Carol Adamec, Marian Berg and **Mellie Myer** are exhibiting online in the Small Works Holiday Show at the New Mexico Art League until January 9. Carol's China Gold is below.



Janine Wilson sold her first commission, an abstract watercolor flag to a Navy veteran. Image at right.

Linda Allison, Mary Jane Milz and **Janine Wilson** are part of the Wednesday and Friday painters exhibition at Yucca Gallery through January 4.

Joan Fenicle enjoyed two sales from the recent exhibit at New Mexico Cancer Center. She continues her membership in Wild Hearts Gallery, a cooperative in Placitas which is again open, though for limited hours.





12 Days of Color

Start 2021 with a little color work using 12 exercises to be done over 12 days. Each exercise takes only about 30 minutes. It's about making a color wheel. This isn't about *having* a color wheel, it's about *making* one, and what can be learned by doing that.

You will need Phthalo Blue (Green Shade), Phthalo Green (Blue Shade), Hansa Yellow Medium, and Quinacridone Magenta, plus a mixing white such as Zinc White.

Detailed instructions can be found at: painterskeys.com/twelve-days-colour

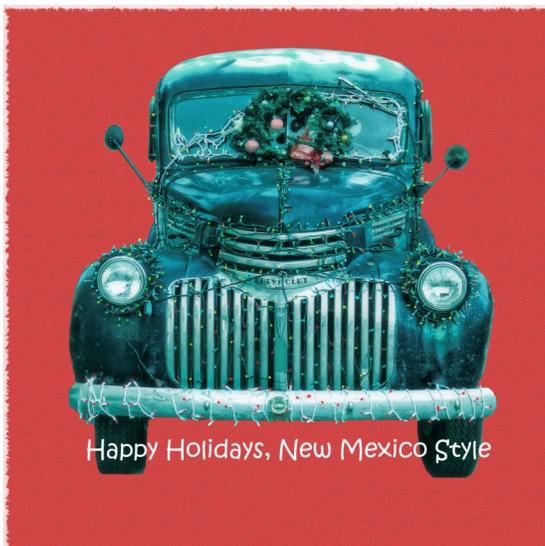
Mission Statement

Rainbow Artists, an award winning women's collective established in Albuquerque in 1990, supports, promotes, and encourages women artists.

- * We embrace ethnic and artistic diversity.
- * We strive to grow in our art and our association with each other.
- * We share our talents and enrich our creativity and our community through collaborative exhibits and projects.

Rainbow Artists
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Newsletter deadline is the 1st of each month.

Share our [Facebook](#) page with your friends. The more traffic we get, the more exposure your art has.



To my Rainbow Sisters ... from Joan Fenicle