



RAINBOW ARTISTS

a WOMEN'S COLLECTIVE IN NEW MEXICO

ESTABLISHED JANUARY 1990

WWW.RAINBOWARTISTS.COM

March 2016 Newsletter

Monthly Program: Monthly Program: Ecstatic about Ekphrastic Poetry, Part 2 by Caitlin Anderson

Monday, March 21, 2016, 6:30 pm
OFFCenter Community Arts
808 Park Avenue SW

What is an Ekphrastic Poem?

It's poetry inspired by an artwork. At the February meeting, Rainbow members enjoy the spiral form of writing an ekphrastic poem about their own artwork, led by Caitlin Anderson. Not only was the process fun and easy, we were all amazed by the thoughtful and truly resonant results.

Caitlin will be working with the Rainbow members again at the March meeting, to explore the Pantoum, a 15th century Malaysian poetry form. As she describes the process, "We will 'clear our cobwebs' by writing a poem about ourselves and art! We will then each create a small collage—maybe even with the theme "Women & Creativity."

You can learn more about Caitlin's creative endeavors on Facebook at <https://www.facebook.com/CaitlinAndersonArtatWork>.

In honor of Women & Creativity month, Caitlin encourages all of us not just "do" something creative, but BE creative every day this month.

So, come on out to the March 21st meeting and join the fun. It will be great practice and inspiration for all of us in preparation for the "Words & Images" exhibit at the Tortuga Gallery in June, too.

Caitlin's web site www.caitlinanderson.com

ARTdates

Rainbow Artists at First Unitarian Church:

3701 Carlisle NE in Albuquerque. Exhibit dates April 10-May 27 with "Mercado" Sunday, April 17, 8:30 am. Deliver artwork Saturday, April 9, 8:30 am. Pick up artwork Saturday, May 28, 8:30 am. Call for entry in February newsletter and available at www.rainbowartists.com.

Words and Images: Tortuga Gallery, 901

Edith Blvd. SE in Albuquerque. Exhibit dates Saturday, June 11 to Saturday, July 9. Publicity deadline for Rainbow events during exhibit: April 22 to Jill Logan. Written material due Friday, May 20 to Carol Adamec. Deliver artwork Saturday, June 4, 10am-5pm. Opening reception Saturday, June 11, 6-9pm. Closing reception Saturday, July 9, 6-9pm. Pick up artwork Monday, July 11, 10am-5pm. Contact: Carol Adamec, 463-3122. Information sheet in February newsletter and available at www.rainbowartists.com.

Rainbow Artists at St. Marks: "Through the Eyes of a Child" has been set for October. We will receive the children's art in late August and have a month to produce art inspired by it. Grace Collins is the exhibition coordinator—504-6726.



Hi, I'm Caitlin Laura Anderson: first born, left-handed, Scorpio, year of the Snake, Unitarian Universalist, PhD, life coach and consultant, mother, and since 2006 living with Multiple Sclerosis."



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Rainbow February Meeting Notes

Treasurer Report - Balance is \$1,679.10

OFFCenter's March exhibition is women's art.

Women and Creativity – March is Women and Creativity month. Apronistas flew peace flags at the Balloon museum. Check out the month's activities at www.womenandcreativity.org.

11th Annual "Albuquirky" Little Houses Fundraiser for OFFCenter. Pick up your base form at OFFCenter or Sumner & Dene. Finished houses must be returned to either location by April 9, 2016.

Offcenter has updated their website. Check it out at www.offcenterarts.org.

Membership Renewal: A reminder that your dues must be paid to enter Rainbow exhibitions. Mail your \$25 check payable to Rainbow Artists to:

Winona Fetherolf
13500 Skyline Road NE, Apt G3
Albuquerque, NM 87123

Contacts

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Facilitator January-March: Martha Heard

Welcome Elizabeth "Liz" Lucero

Liz is 42 years old, born and raised in Albuquerque. She is a single mother with a 17 year old daughter Chantel living at home and a son Marco who is 26 years old, married with grandson Josiah who is 10 months old.

Liz has a degree in Business Administration and has worked as an Accountant for the City of Albuquerque for 20 years.

She loves to camp, hike, fish, cook, and run. She is a marathon runner.

She started painting when she sought help with depression. Art therapy is what helped her through the tough times. It's now her passion next to running.

"I paint what I like and things I see. I like painting landscapes and sunsets; however, I like painting what people ask me to paint for them. I paint with acrylic and watercolors on canvas. I love painting with lots of colors, bright colors are my favorite! I'm learning more about my art every time I paint."



I look forward to the next blank canvas I place on my easel because it is always something very different from my last."



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ARTvictories

Eliza Schmid sold a painting at the OFFCenter Gallery and one at Tortuga Gallery during the Benefit Auction. She presently has a solo show at the Mocca Mug on 2325 San Pedro until the end of March. Three of her portraits have been accepted by the 606 Gallery on Broadway SE.

Sue Pine and Janine Wilson each sold a painting at the 5G exhibition. Sue will have two paintings at OFFCenter's - Women & Creativity Show.

Eleanor Trabaudo is in the Holly Roberts Student Show at the Harwood in April.

Liz Lucero (new member) is the featured artist in March at OT Circus. Their write-up on Liz described her as a local artist who has overcome challenges with depression.

Janine Wilson had two paintings in the Peoples Art Show at 5G gallery at 1715 5th Street NW from Feb 5-26.

Suzanne Visor reports that the Silk Painters have a show at the Unitarian Church now and they have sold over \$2,000 of silk paintings and silk items!

Breeze Wise has ventured into the world of belly dance and is the member of a tribal belly dance troupe called the "Sassy Sages". The Sassy Sages will be among the performers at the Spring Hafla at the Anasazi Fields Winery in Placitas on March 12, from 6:30 to 9:00 pm. She created their headdresses.



Promote your ART—it's FREE

Is your Personal ART Page in the "MEET OUR MEMBERS" section of the website?

Take advantage of this great opportunity, by being a Rainbow member, for exposure and promotion on the Rainbow Artist website in the "Meet Our Members" section. Send your bio and/or artist statement and a few photos of your art to Joan Fenicle at joanf41@gmail.com and she will "build" your personal art page. She welcomes periodic changes to your page.

ARTscam

Please put in the newsletter: Kathy and James Lenon sent me a very convincing e-mail asking to buy one of my paintings. I thought I had better do a little research on them before doing any business. While looking their names up on line, I found them listed as scammers on a great Facebook site "Stop Art Scams." The link is:

<https://www.facebook.com/Stop-Art-Scams-135887239769963/?fref=ts>.

I was able to contact an artist who they had tried to scam. She had received a fake check and reported it to the police..... Marian Berg

ARTportunity

Call for artists to Re-use, Re-purpose, Re-cycle. All media welcome—entries due March 18. Fee: \$25 first entry; \$5 second entry. Application information at www.jemezfineart.com. In honor of Earth Day, this exhibit will be April 10-28. There will be cash awards.



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Know Your Value

In Mika Brzezinski's book *Know Your Value*, the co-anchor for MSNBC's Morning Joe shared how she kept settling for a lot less than what she wanted and tolerated a salary that wasn't even covering her monthly expenses as co-host of a top-rated morning show. Eventually she realized that to be valued by others fully, we must first value ourselves. Too many women devalue what they have to offer, sell themselves short, and talk themselves down. If you're guilty of it, stop it. Now. Diminishing yourself serves no one. As Robin Fisher Roffer writes in *The No Fear Career*, "When you feel your confidence slipping, resist the urge to give up and courageously show up."

Mission Statement

Rainbow Artists, an award winning women's collective established in Albuquerque in 1990, supports, promotes, and encourages women artists.

- * We embrace ethnic and artistic diversity.
- * We strive to grow in our art and our association with each other.
- * We share our talents and enrich our creativity and our community through collaborative exhibits and projects.

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(Newsletter now on line)

Newsletter deadline is the 1st of each month.
News can be added at any time on the web.



Love those "Apronistas"